



# Fall 2024 Club Schedule

## Club Kickoff Week (August 19-24th)

\*\*\*\*All new athletes join Aug 19th

	8/19 M	8/20 T	8/21 W	8/22 Th	8/23 Fri	8/24 Sat
Girls Club	@ETHS 6-8PM	TBD, picture day	@ETHS 6-8PM	All sports meetings & breakouts 6:15- 8:45PM	@ETHS 6:30- 7:30pm	@DRC 3-5pm
Boys Club	@ETHS 6-8PM	TBD, picture day	@ETHS 6-8PM		@ETHS 6:30- 7:30pm	@DRC 3-5pm

\* Club roster set for Fall on Aug 23th

\*\* Club water safety tests are Aug 23th 6:30-7:30pm

\*\*\* All Fall sports meetings & breakouts Thur 8/22, 6:15-8:45PM (parent-athlete-coach)

## Fall Club Practice Schedule (August 24- October 27th)

Base schedules are what a typical week looks like. Regattas, test pieces, special practices, etc may happen occasionally. Main notice will go out via email and athletes reminded in-person.

	Mon	Tue	Wed	Thu	Fri	Sat
Girls Club	@ETHS 6:15-8AM	@DRC 6-8:15PM	OFF	@DRC 6-8:15PM	OFF	@DRC 3-5 PM
Boys Club	@ETHS 6:15-8AM	@DRC 6-8:15PM	OFF	@DRC 6-8:15PM	OFF	@DRC 3-5 PM

\*\* Athletes expected to do SST and Strength programs with Coach Feldner on 1-2 OFF days

## Regatta Calendar

- Sept 14 - Club, local scrimmage tbd
- Sept 28 - Full team, Tough Cup @ Chicago, IL
- Oct 13 - Full team, Head of the Rock @ Rockford, IL
- Oct 19 - Tbd, scrimmage @ the DRC